



The Strafford Nordic Training Group



Application

Name -

Email -

Address -

Phone -

Current Training Location: club Affiliation -

Are you 18 years of age as of June 1, 2016?

Yes ___ No ___

Application for

Summer Program ___ Yearly Program ___

Personal

Why do you want to join The Strafford Nordic Training Group?

Describe your level of involvement in our sport. (National/Regional/Collegiate/Club)

Team

Do you understand the financial and team commitments?

Describe your expectations of a coach.

Describe your expectations of a teammate.

Work

Do you plan to have a job while you are training?

Training/Competition

What are your priorities in training this summer?

What are your primary methods of training?

Are you interested in a year-round training program with the Strafford Nordic Training Group?